



# Knights of Columbus Blessed Sacrament Council 13240

## KNIGHTLY NEWS

JANUARY 2023

### Lessons From The Holy Family

By Kianna Garmanian

#### **What can the Holy Family teach me about giving to others?**

As followers of Jesus, we are asked to give ourselves to others, imitating Christ's example of giving himself on the cross and in the Eucharist at every Mass.

This is not an easy road, as giving requires sacrifice – lots of it! Yet it is precisely in these sacrifices that you and I become the people God created us to be

In recognizing this great task, St John Paul II said "There is no place for selfishness – and no place for fear!... Do not be afraid, then, when love makes demands. Do not be afraid when love requires sacrifice."

The Holy Family – Jesus, Mary and Joseph – can be our guide to giving with love and sacrifice, without expecting anything in return.

Mary was called by the Lord as a teenager to be the instrument through which God would become man and enter into our human world. She humbly embraced her calling, giving the gift of her life and bearing the Christ Child in acceptance of God's plan, which totally changed the course of humanity.

St Joseph, the husband of Mary and earthly father of Jesus, was called by God to be the protector and guardian of Jesus and Mary, leading them with love and strength through the joys and challenges of everyday life. Together, Mary and Joseph faced difficulties and dangers and must have made many sacrifices. They gave

(Continued: Holy Family)



**VIVAT IESUS**

### **Upcoming Events**

**Jan 5 - Council Meeting and Officer Elections 7PM  
Rosary 6:30PM**

**Jan 8 – Epiphany of the Lord**

**Jan 9 - Baptism of the Lord**

**Jan 12 – Assembly Meeting**

**Feb 22 – Ash Wednesday**

### **Holy Family (cont.)**

their lives to the Lord and to each other, as Jesus journeyed to the cross to complete the most significant gift of all time: the total offering of His life for the salvation of our souls. The Holy Family shines light on this truth: The more we give of our lives, the more we gain. Or as the famous prayer of St Francis of Assisi teaches: "It is in giving that we receive."

It is hard to imagine at times, right? But in giving, we grow in holiness and become the men and women God

(Continued: Holy Family)

As we welcome a new calendar year let us look at the Church's upcoming Holy Days of Obligation for 2023

Jan 1 – Solemnity of Mary, Mother of God

Apr 9 – Easter

May 18 – Ascension of Jesus

Aug 15 – Assumption of the Blessed Virgin Mary

Nov 1 – All Saint's Day

Dec 8 – The Immaculate Conception of the Blessed Virgin Mary

Dec 25 – Christmas

(Jan 1 & Apr 9 are on Sundays, already an HDO)

### **Holy Family (cont.)**

created us to be, modeled in His own heart.

When we struggle to give in our relationships or during our daily lives, we can ask for the Holy Family's guidance to help us grow to be saints and disciples for the Lord's kingdom.

I invite you to take an honest look at your life and ask: How am I giving and offering my life to others each day? May the Holy Family be our guide, inspiration, and model as we embark on this great quest of discipleship. Ω



### Knights Investment Corner



#### Pope Francis' Words

The following are from Pope Francis' New Year's wishes as we entered 2022: Have you helped put the Pope's message into action this past year?

Peace, the pope said, "demands concrete actions. It is built by being attentive to the least, by promoting justice, with the courage to forgive, thus extinguishing the fire of hatred."

Pope Francis also championed embracing a positive attitude, "one that always sees, in the Church as well as in society, not the evil which divides us, but the good that unites us."

Pope Francis publicly ushered in 2022 by praising the skills which women bring to promoting peace in the world, and he equated violence against women to an offense against God.

He called for efforts to protect women. "How much violence is directed against women! Enough! To hurt a woman is to insult God, who from a woman took on our humanity," the pope said, referring to the Christian belief that Jesus was the son of God.

He said women, including mothers, "look at the world not to exploit it but so that it can have life. Women who, seeing with the heart, can combine dreams and aspirations with concrete reality, without drifting into abstraction and sterile pragmatism."



#### Financial (Cont.)

##### **Trim down your high interest debt as fast as possible.**

Would you have bought that \$1,000 big-screen TV if the price were \$1,180? That's what you'd pay if you added the 18 percent annual interest typically charged by a store credit card. Even if you're loath to tap your savings account, you'll come out ahead by using it to liquidate a high-interest debt that's been hanging around for months... if not years.

##### **Be prepared for unexpected expenditures.**

When these occur, it certainly helps to have some money in reserve. Some examples of these expenses might include a tax bill, vehicle repairs or purchases, moving costs, unanticipated home repairs - maybe even a discretionary purchase, such as a big-screen television.

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#### Recruiting Members

Have you spoken to someone about becoming a Knight? Our Council can grow, but only if we engage our Catholic Brothers and invite them to join us. Enrollment forms are available on the website



#### Resolutions for the New Year

Schedule a visit with your Knights of Columbus field agent. First things first: Life insurance can protect your family if some-thing should happen to you. Before you do anything else, be sure that your family will be protected – come what may. As your field agent I can provide you with a no-obligation family needs analysis. Just give me a call!

#### **Don't spend more than you earn.**

We all expect our government to balance the budget, but what about our own personal finances? Living within your means is actually more important than earning a big income to gaining a sense of security and personal satisfaction.

#### **Save more by avoiding unnecessary expenditures.**

Unless you achieve self-discipline, you'll never be able to save for the future. If it's a mystery just where your money goes, try saving the receipts for every purchase you make during a month.

#### **Take advantage of all savings options available to you.**

Everybody likes ways to cut taxes - and you probably have one or more savings options that can cut your taxes for you. (P.S. Ask me about Knights of Columbus tax-deferred annuities, IRAs and Roth IRAs.)

#### **Adopt a long-term perspective.**

Beware of get-rich-quick schemes -few of them work for ordinary people. Instead, patience is the more productive approach - and it requires less of your daily energy as well. A long-term outlook is even more crucial if your financial goals (higher education for children, retirement) are well in the future.

(Continue: Financial)



## Council Officers

Grand Knight - Mike Crawford  
Deputy Grand Knight – Karl Grabowski  
Chancellor - Gerald Sulsenti  
Recorder – Anthony Lozito  
Treasurer – William Spinelli  
Advocate - Rosario Sulsenti  
Warden - Joe Pangia  
Inside Guard - Tony Como  
Outside Guard - John Proteau  
3 Year Trustee - John Martin  
2 Year Trustee – Elliott Ogden  
1 Year Trustee – Joseph Landon  
Lecturer – Peter Stauder

## Assembly Officers

Faithful Navigator – Steve Cruz  
Faithful Captain – Jerry Sulsenti  
Faithful Pilot – Anthony Como  
Faithful Comptroller – TBD  
Faithful Scribe – Joseph Landon  
Faithful Purser – Elliott Ogden  
Faithful Admiral – Rosario Sulsenti  
Inner Sentinel – Glenn Koch  
Outer Sentinel – Joseph Pangia  
3 year Trustee – Ernest Alcantara  
2 Year Trustee – John Proteau  
1 Year Trustee – James Loesch  
Color Corps Cmdr – William Overbay



## Grand Knight Notes

### Brother Knights,

As we usher in a new calendar year, with all the hope and excitement that it brings, let us rededicate ourselves to the good work of Jesus, the Church, and the Knights of Columbus.

Our world and society need the Church and the Word of God now more than ever. We need to embrace the new year beginning with World Peace Day and work toward a united society on not only the national level but globally.

May the new year bring peace and prosperity to your family and may the blessing of our Lord be upon you throughout 2023

Vivat Jesus  
Mike Crawford, GK



## Council Administration

### Financial Secretary

#### Administrative issues

State K of C Raffle has started get your ticket books at the meeting. We get half of what we sell.

### Prayer Requests

- + Peace in Ukraine
- + Our Priests
- + Our Brother Knights
- + Our Parish
- + Our State
- + Our Country
- + Those who are sick or suffering
- + Peace in the World

### Assembly 3025 News

Monthly Meetings:  
2nd Thursday of each Month at 7 PM  
Adult Ministry Building  
1190 Desoto Street, Clermont FL

