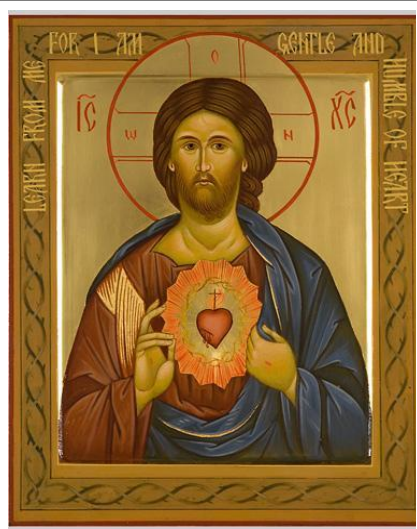




Knights of Columbus Blessed Sacrament Council 13240

KNIGHTLY NEWS

JUNE 2024



The June Council Meeting

This is a big one.

- We will be voting on the Election slate of officers for the 2024-2025 fraternal year.
- We will be allocating funds to the charities identified at the May meeting.
- We will be accepting our budget for the 2024-2025 fraternal year.

It all happens June 6th, see you there!

Dues!!

Yes, I know what you are thinking. "Really, he put dues on the front page!" But annual dues letters will be going out in mid-June. The dues are \$40 this year with no extra assessment for seminarians. Dues are scheduled to be paid starting on July 1st. However, if you want to pay them early the Financial Secretary will be accepting them at the at the council meeting on June 6th.

June: Sacred Heart of Jesus

Upcoming Events

June 6 – Council Meeting
Rosary @ 6:30PM
Meeting @ 7PM

June 7 – Sacred Heart of Jesus

June 8 – Immaculate Heart of Mary

June 13 – Assembly Meeting 7 PM

June 15 & 16 – Knights' Food Drive Weekend

June 23 – Installation of new Officers



3rd Degree Exemplification

Welcome
David Strickland



Vivat Jesus !

Are you a 1st or 2nd Degree Knight?

If you are a 1st or 2nd Degree Knight and want to be a 3rd Degree Knight, the staff is looking to hold an exemplification ceremony soon. Let the Grand Knight, Deputy Grand Knight or the Financial Secretary know you are interested!

Step back into the council..... step up to the 3rd degree..... and get involved in the upcoming year!



June in Your Catholic Church

Prayer for the month of June: A Prayer to the Sacred Heart of Jesus

Grant, Good Jesus, that I may live in you and for you. Protect me in the midst of danger. Comfort me in my afflictions. Give me health of body, assistance in my temporal needs, your blessing on all that I do, and the grace of a holy death.

Monthly Intentions for June 2024.

Pray for: Migrants

We pray that migrants fleeing from war or hunger, forced to undertake journeys full of danger and violence, find welcome and new opportunities in the countries that receive them.

Mayo Health Minute: No 'lesser evil' when it comes to tobacco use.

Staying Healthy Section

May 31 was World No Tobacco Day.

From the traditional cigarette to the modern electronic cigarette, from the communal hookah to the discreet pinch of smokeless tobacco, each has proven to be detrimental to a person's health. In this Mayo Clinic Minute, Dr. Jon Ebbert, medical director of the Mayo Clinic Nicotine Dependence Center, discusses why there is no "lesser evil" when it comes to tobacco use.

Smoked tobacco has the strongest association with cancer, and it goes beyond cigarettes.

"Hookah, which is a smoked and inhaled tobacco, has a similar cancer risk because it's the process of smoking and inhaling those 7,000 chemicals that increases the risk for cancer," says Dr. Ebbert.

There's no safe, or safer, way to consume tobacco. A common misconception is that cigars are less harmful than cigarettes.

"All the same risks that you get with cigars that you inhale are exactly the same risks you have with conventional cigarettes," says Dr. Ebbert. He says even cigar users, who tend not to inhale, are still at risk.

"If you smoke a cigar and just hold it in your mouth and exhale, all the tissues in your mouth that are exposed to the cigar smoke have an increased risk for cancer," says Dr. Ebbert.

Head and neck cancers are more common in people who smoke cigars as well as those who use smokeless tobacco, which is also associated with pancreatic and kidney cancer.

"With electronic cigarettes specifically, we don't have enough longitudinal data to know whether those products are associated strongly with cancer," says Dr. Ebbert. "But we do know that those products result in the release of carbonyls and heavy metals. And those are known, theoretically, to lead to cancer."

No Tobacco Day was recognized this year on May 31 to inform the public of the dangers of using tobacco. All forms of tobacco consumption carry significant health risks and can lead to cancer.

"We always say it's never too late to stop smoking, and the risk for cancer after quitting cigarette smoking, for example, goes down. But it takes some time. So, if you think about reductions in cancer risk for lung cancer, in about 15 years, you have half the risk of cancer that you would if you had continued to smoke. So it takes some time, but it's never too late to stop smoking," says Dr. Ebbert.

Hey Brother, Did you Know.....?

Jubilee in 2025

Every 25 years, a worldwide event takes place in the Catholic communities: the Jubilee. This extraordinary occasion calls believers around the world to a pilgrimage to Rome, facilitated by the Catholic Church, which offers the opportunity to impart plenary indulgence that grants forgiveness of sins, both for themselves and for deceased loved ones.

The last Jubilee was the extraordinary one of 2015 wanted by Pope Francis. The one that will take place in 2025 will be the second with Pope Francis.

A Jubilee usually lasts a year and a few days: it begins just before the Christian Christmas and ends the Epiphany of the following year.

Are you planning on making it to Rome next year?

Council 13240

Monthly Council Meetings are every first Thursday of the month at 7PM.

We will pray the Rosary before the meeting starting at 6:30PM.

Knight in the Spotlight

Our Knight in the Spotlight section is once again out of Knights to feature. If you would like to be featured in the Knight in the Spotlight section, go to the website and fill out the information section at the bottom left of the homepage. When you hit submit your information will come to the newsletter editor. This is a way to get to know our Brother Knights, and don't forget to attach a picture (if you want to).

KNIGHTLY NEWS

JUNE 2024

Big Month for these Brothers



Which Saint said this?

"If we wish to serve God and love our neighbor well, we must manifest our joy in the service we render to Him and them. Let us open wide our hearts. It is joy which invites us. Press forward and fear nothing."

Saint Katharine Drexel



Assembly 3025 News

Monthly Meetings:

2nd Thursday of each Month at 7PM in the Adult Ministry Building, 1190 Desoto Street, Clermont FL

Want to become a 4th Degree Knight?

Talk to Steve Cruz or any of the 4th Degree Knights to take the next step.



Birthdays

Sebastian Sabina 06-01
Robert F Thomen 06-01
Stephen J DiGiacomo 06-03
Victor R Rivera 06-07
Peter G Stauder 06-10
Ramon Castro 06-11
Domingo G Valeros Jr 06-11
Leslie J Panek Jr 06-12
Joseph A Salvagna 06-14
Francis J Kovar Jr 06-15
Edward J Smith 06-16
Jean A Gauthier 06-22
Richard C Small 06-25
Peter P Capece 06-29
Paul J Boylan Jr 06-30
Rino J Migneault 06-30

Spouse Birthdays

Sarah Ford 06-16 (Richard Ford)

Anniversaries

William & Elaine Leach 56

Ordination Anniversaries

Deacon Richard D Ferris 2
Rev Mark R Wajda 16

Years of Service Anniversaries

Ernest C Alcantara 26
John M Berko 22
Philip J Schaub 20
John A Zignauskas 19
Peter H Thorne 17
Marco R Sulsenti 16
Nicholas A Downey 15
George A Selah 15
Robert A Eonta 14
Michael J Breza 12
Steven B McRobbie 12
Thomas H Pratt 9
Timothy M Behler 9
Frank A Thibeau Jr 9
William R Fitzgerald 6
Donald Barone 5

**Knights Investment Corner****Grilling & Graduation**

When June rolls around a couple of things come to my mind: grilling and graduations. Now these two things don't seem to have much in common. In fact, some may say they have nothing at all in common. It simply illustrates how amusingly my mind works.

But let me expound a bit on both. Outdoor grilling comes on full force this time of year. Yes, in the warmer climates, there are those that grill all year round. Even in the colder climates, some make a point of outdoor grilling in the coldest of weather. But for most, June starts that season when the grill is often fired up and all the succulent goodness of charbroiled food is readied for the table. Now let me relate that to graduations: I've been to many graduation parties and there always seems to be that one person who is the designated grill master. Flipping hamburgers, turning hot dogs, kielbasa, and sausage, and tenderizing vegetables over an open flame for the celebrants.

How's that for a segue? From grilling to graduations! The end of the school year means graduations. Some, from the lowest educational levels...all the way to the highest. At whatever level you may fall, or your child may fall, I offer hearty congratulations! Graduating may mean moving up one more grade level or for some who are at the end of the educational journey, it might mean a step into a new career. Or maybe advancing in an already established career. Graduating has as a natural consequence, a moving on, taking the next step. Carefully preparing for a career, taking stock of talents and newfound knowledge, thinking of the impact your career may have on your family and the greater community; the graduate is ready!

I think of the work I do with my members and their families in the same way: getting you to graduate at the top of your class; well-prepared, knowledgeable, setting a course with impact for your family. Sitting down with me for a consultation starts the preparation. We can take stock of where you are and any recent changes in your situation with our state of the art financial needs analysis program. The end result is to help make sure you and your family are prepared:

Prepared for the expected and the unexpected. The expected might be a comfortable retirement with adequate income to do the things you've always wanted to do. Being prepared for the unexpected is important, too: an untimely loss, an extended care event, a disability. Understanding the impact of having a strategy now is the first step in preparation. I'll be calling soon to set up a time to get together a make sure you're set to graduate at the top of your class!

Vivat Jesus!

Larry Kennedy-FICF MDRT
407-579-9888/Financial Advisor
Knights of Columbus
Lawrence.kennedy@kofc.org



Activities from May

'24-25 Election Slate

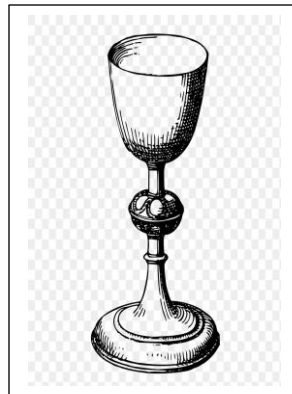
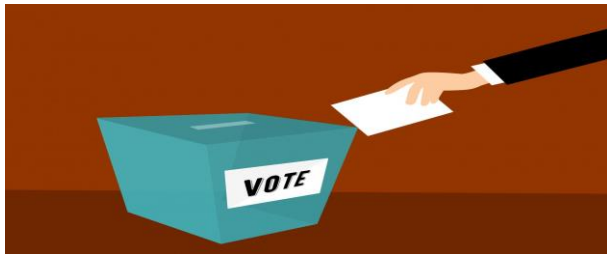
Deacon Ronan's Chalice

Grand Knight – John Martin
Deputy Grand Knight – Ralph Reuter
Chancellor – Karl Grabowski
Recorder – Elliot Ogden
Treasurer – Greg White
Advocate - Rosario Sulsentì
Warden – John Proteau
Inside Guard – Chris DiPasquale
Outside Guard – Robert Sullivan
3 Year Trustee – Edward Smith

The slate will be open for final nominations at the June Council meeting. Any member can nominate a member in good standing for a position. That member may accept or decline the nomination. The election will be held at the June 6th Council meeting.



Deacon Ronan and Father Roy with members of the Knights of Columbus and the Men's club at the Presentation of his Chalice to be used after his ordination into the Priesthood



Charles Dorman and the Grand Knight

Knight of the Month

The Golden Ticket Raffle Winners

The winners were:
 Grand Prize: Jorge Oliveras - \$270
 Runner Up Prize: Karl Grabowski - \$70
 Look for the next raffle in late fall.



BLESSED *Sacrament* CATHOLIC COMMUNITY

April 9, 2024

Knights of Columbus Blessed Sacrament Council 13240
720 12th Street
Clermont, Florida 34711

“To be grateful is to recognize the love of God in everything He has given us -
and He has given us everything.” - Thomas Merton

Dear Brother Knights,

On behalf of the Blessed Sacrament Catholic Community, I want to thank you for your remarkable generosity. Your contributions to our parish, financially and otherwise, are numerous, but today I wish to thank you specifically for your recent donation of \$600 to help with the Chapel renovation.

As Christian stewards, we receive God’s gifts gratefully, cultivate them responsibly, share them lovingly in justice with others, and return them with increase to the Lord (USCCB). Please know that your extraordinary stewardship is making a positive difference as together we work to build the kingdom of God here in Clermont and beyond, in accordance with our mission: We are a true community, encountering His TRUE PRESENCE, sharing His true love, making a TRUE IMPACT!

I thank God for the gift of your loving and generous hearts, and I again thank you for all the ways you continually bless this community! You will remain in my prayers, and I humbly ask you to keep me in yours.

I wish you many blessings during this Easter Season.

Yours in Christ,

A handwritten signature in blue ink, appearing to read "Rev. Mark Wajda".

Rev. Mark Wajda
Pastor

MW/bgh



BLESSED SACRAMENT
720 12th Street, Clermont, FL 34711



CONNECT
(352) 394-3562 | www.myBSCC.org



SANTO TORIBIO ROMO
1041 East Myers Boulevard, Mascotte, FL 34753

24-25 Proposed Budget

Tips for Council Budgeting

- Set up your budget on a fraternal year, rather than annual year basis. This will allow you to align it with officer terms and with completing the Semiannual Council Audit Report.
- Use two columns – one for budgeted and one for actual year-to-date spending – to allow you to track how well you’re adhering to your goals. As you spend and receive money throughout the year, log each transaction in a spreadsheet with its assigned category so that you can quickly calculate year-to-date figures.
- Try to keep the categories on your budget at a high level. If your council holds fish fries in both Advent and Lent, you probably just need one category for “Fish Frys” – there’s no need to have one category for each season, let alone one for each individual event. Use a “Miscellaneous” category to capture any small or one-off events.
- Align the categories used in your budget with those used in Member Billing. This will ensure you both record transactions consistently and help with completing the Semiannual Council Audit Report.
- Strive for a balanced budget. Remember, your council exists to serve your community and your members. If you’re running a surplus, think of ways you could use those excess funds to better meet your council’s goals, rather than simply building up a bigger bank account balance.
- In addition to creating a budget, consider using a Statement of Cash Flows to track your monthly income and spending and see how your council’s bank account balance changes over time. If you know about large future expenses (per capita, a major donation, etc.) you can even complete this in advance to forecast if you’ll have enough funds or if you need to think of a new fundraiser.
- Get into a regular rhythm with your budget. Your council officers should meet in the spring (March/April) to think about your goals for the year and draft a budget and then share it with the council for their approval in May. Throughout the year share the budget (with year-to-date figures) with the council at monthly meetings so everyone is aware of how the council is doing financially.

<https://www.kofc.org/en/resources/service/council/tips-for-council-budgeting>

Council 13240 For Fraternal Year Ending June 30, 2025 Income

	2024 Budget
Assessments	
Dues	\$5,000
Donations to Council	\$500
Activities	
Golden Ticket	\$4,000
Pasta Dinner	\$750
50/50s	\$500
Christmas Dinner	\$500
Misc Activities	
Total Income	\$11,250

Expenses

Per Capita Assessments	
State	\$1,600
Supreme	\$800
Activities	
Meeting Expenses	\$500
Fraternal Nights/Days	\$250
Activity Costs (Golden Ticket)	\$400
Community Support	\$1,500
Holiday Meals	\$1,050
Church Activities	
Church Support	\$1,500
Mass Intentions	\$200
Vocations	\$500
Kaambala Mission	\$250
Pro-Life Activities	
Pro-Life Donation	\$1,000
Program Activities	
Community	\$250
Faith	\$250
Family	\$250
Life	\$250
Supplies	
Printing and Postage	\$400
Supreme	\$300
Total Expenses	\$11,250

Net Income

Net Income	\$0
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Council Officers

Grand Knight – John Martin
Deputy Grand Knight – TBD
Chancellor – TBD
Recorder – Chris Duncan
Financial Secretary – Dave Swathwood
Treasurer – Edward Smith
Advocate - Rosario Sulsentì
Warden – John Proteau
Inside Guard – Joe Pangia
Outside Guard – Jose Rosario
3 Year Trustee – Karl Grabowski
2 Year Trustee – Paul Kleponis
1 Year Trustee – Elliot Ogden
Lecturer – Peter Stauder



Assembly Officers

Faithful Navigator – Steve Cruz
Faithful Captain – TBD
Faithful Pilot – Edward Smith
Faithful Comptroller – Joseph Landon
Faithful Scribe – Dave Swathwood
Faithful Purser – Elliott Ogden
Faithful Admiral – Rosario Sulsentì
Inner Sentinel – Glenn Koch
Outer Sentinel – Joseph Pangia
3 year Trustee – Joshua Fonollosa
2 Year Trustee – John Proteau
1 Year Trustee – James Loesch
Color Corps Cmdr – Gerald Sulsentì

Grand Knight Notes

It's crucial for our council to increase membership, participation, and involvement if we are to grow as a fraternal order. When our members are not actively involved then it impacts our effectiveness, and it limits our organization's ability to make the positive impact that we desire. If we are honest with ourselves, we know that there is a lack of involvement in our meetings, our events, activities and fundraisers. We want to have as many active members as possible and not rely on the same group of individuals.

Providing a clear path for members to participate, such as volunteering for specific projects, joining committees or taking on leadership roles such as Life or Community program directors, can help members feel more connected and invested in the council's work. We should be supporting each other in these efforts.

I am asking every Knight who is physically able to set a minimum of four hours a year to attend meetings, volunteer for fundraisers or help with an event. If we can commit to this then our participation will positively impact our effectiveness as a council. Won't you please consider being involved and lending a helping hand.

By recognizing the importance of involvement with a sense of community and purpose we can make a difference in our council. Together we can get this done. Thank you for your serious consideration.

Vivat Jesus!

John Martin
Grand Knight

Council Administration

Financial Secretary

Is there anything that needs to be changed in your membership information? New phone number, Email..? Let the financial secretary know.

The financial secretary is Dave Swathwood. Email: daveswathwood@gmail.com

Administrative issues

Elections for the 2024-2025 fraternal year will be held at the June meeting. We are looking for nominees for all officer positions for the next fraternal year. Can you get involved?

Prayer Requests

- + The departed soul of Karl Grabowski's Sister in Law
- + Members of our Parish
- + Our Fraternal Leaders
- + Frank Patella
- + Jim Batalitzki

