



# Knights of Columbus Blessed Sacrament Council 13240

## KNIGHTLY NEWS

MAY 2024



*May: Mary, Mother of God*

### Upcoming Events

May 2 – Council Meeting  
Exemplification @ 6:30PM  
Meeting @ 7PM

May 2 – Golden Ticket Drawing

May 9 – Assembly Meeting 7 PM

May 11 & 12 – Tootsie Roll Sales  
Publix on SR455

May 12 – Knights' Mass 12PM

May 18 & 19 – Knights Host  
Hospitality Weekend

May 18 & 19 – Knights' Food  
Drive Weekend

May 18 & 19 – Tootsie Roll Sales  
Citrus Tower Publix

### The May Council Meeting

The May council meeting is one you won't want to miss.

- We have an exemplification at 6:30PM
- We will be finalizing the Election slate of officers for the 2024-2025 fraternal year.
- We have some funds remaining as the fraternal year comes to a close, therefore will be looking at charities that council members want to donate to.
- We will be looking at our budget for the 2024-2025 fraternal year.
- We will be drawing the 2 winners of the Spring Golden Ticket Raffle.
- Of course, the Financial Secretary will be reminding us of our upcoming dues.
- The Grand Knight might even have a trivia question or two.

It all happens May 2<sup>nd</sup>, see you there!

### *The Golden Ticket Raffle Wrapped up!!*

The Golden Ticket Raffle sales are complete. The Drawing is on May 2<sup>nd</sup> at the Council Meeting. Thanks to ALL OF YOU we raised over \$2000. We will be providing monetary support to several local charities.

### Thank You!!

To all who attended and served at the funeral of our Past Grand Knight Michael Crawford. The family was grateful for the outpouring of thoughts and prayers, the tradition, and the pageantry. The ceremony was a fitting farewell to our friend and Brother Knight. We are all sure that we will see him again.

### Are you a 1<sup>st</sup> or 2<sup>nd</sup> Degree Knight?

If you are a 1<sup>st</sup> or 2<sup>nd</sup> Degree Knight and want to be a 3<sup>rd</sup> Degree Knight, the staff is looking to hold an exemplification ceremony soon. Let the Grand Knight, Deputy Grand Knight or the Financial Secretary know you are interested!

Step back into the council..... step up to the 3<sup>rd</sup> degree..... and get involved in the upcoming year!

There are a lot of fun and interesting events going on ...and coming up! Come and see for yourself!

*Vivat Jesus !*



## May in Your Catholic Church

### Prayer for the month of May: To Mary, Mother of God

May my heart burn with the love of thy Divine Son, and of thee, His blessed Mother, not for a month alone, but for time and eternity; may I thirst for the promotion of His honor and thine, and contribute, as far as I can, to its extension. Receive me, O Mary, the refuge of sinners!

### Monthly Intentions for May 2024.

#### Pray for: For the formation of religious and seminarians

We pray that religious women and men, and seminarians, grow in their own vocations through their human, pastoral, spiritual and community formation, leading them to be credible witnesses to the Gospel.

**Invite someone back to the church this Easter season.**

## Apparitions of the Blessed Mother



Our Lady of Good Health

 Tamil Nadu, India

16th and 17th Century

According to tradition, the **first apparition** is said to have occurred to a young boy delivering buttermilk to a man, who lived far away. During his travels, the boy stopped to rest beside a lake that was shaded by a Banyan tree. A beautiful woman, carrying a child, is said to have appeared, and asked the boy for some milk to feed her child, which he gave. When he reached the home for his milk delivery, he apologized for the delay and that there would be less milk in his pot. But when they opened the lid of the milk pot, the container was brimming with milk.

The **second apparition** is alleged to have occurred a few years later. A lame boy would sell buttermilk to passing travelers, who would pause in the shade of a large Banyan tree, to escape the heat of the day. However, he had no customers. According to the account, suddenly, an ethereal woman, holding a child appeared before him, and asked for a cup of buttermilk. He gave her a cup, which she fed to her child. The woman asked the boy to go to Nagapattinam, and find a certain Catholic man in the town, and tell him to build a chapel at Vailankanni in her honor. Apparently cured, the boy ran to Nagapattinam, where he found the man and told him his story. The Catholic men of Nagapattinam subsequently built a thatched chapel at Vailankanni, dedicated to Mary under the title of "Our Lady of Good Health".

In the 17th century, a **Portuguese merchant** vessel sailing from Macau to Ceylon was caught in a severe storm in the Bay of Bengal. The sailors prayed fervently for Mary, Star of the Sea to save them, and promised to build a church in her honor wherever they could land. The sea became calm, and their ship landed near Vailankanni on 8 September, the Feast of the Nativity of Mary. To honor their promise, the Portuguese rebuilt the thatched chapel into a stone church. The church was later renovated twice in the early 20th century.

Hey Brother,  
Did you  
Know.....?

**Knight in the Spotlight**  
(Meet the new guy!)



**Name:** Ken Krewson

**Home:** Clermont FL (since last June. I moved from Allentown, NJ)

**Family:** Wife of 30 years, Barbara.

**What do you do?** Working full-time remotely for a chemical technology company; Office is in Newark, DE.

**How long have you been a Knight?** I joined the Knights in 2005. My former council was Council 7333, Allentown, New Jersey

**Positions held:** Served in a number of leadership roles including Grand Knight during the 2015-16 Columbian year, Trustee, Recording Secretary, Life Director. Started and chaired our First Degree Team.

Looking forward to seeing more of my fellow Knights here in Clermont and getting to know the greater Blessed Sacrament community.

### **Council 13240**

Council Meetings are every first Thursday of the month at 7PM. We will pray the Rosary before the meeting starting at 6:30PM.

## KNIGHTLY NEWS

MAY 2024

### Big Month for these Brothers



#### Which Saint said this?

“The important thing is to do charity, not to talk about charity. We must understand the work with very poor people as a God’s chosen mission.”

Irma Dulce Lopes Pontes

#### Assembly 3025 News

Monthly Meetings:

2nd Thursday of each Month at 7PM in the Adult Ministry Building, 1190 Desoto Street, Clermont FL

#### Want to become a 4<sup>th</sup> Degree Knight?

Talk to Steve Cruz or any of the 4<sup>th</sup> Degree Knights to take the next step.



#### Birthdays

Michael Scottto 05-08  
Alan J Hite 05-10  
Frank P Regiacorte 05-10  
Wendell R Ward 05-10  
Benjamin S Bustos 05-14  
Joseph Carl Landon 05-18  
Karl A Grabowski 05-20  
Steven B McRobbie 05-20  
William R Fitzgerald 05-21  
Frank Hernandez Jr 05-22  
Thomas T Michalik 05-22  
Edward L Mementowski 05-23

Daniel J Rini 05-28

#### Spouse Birthdays

None on File

#### Anniversaries

James & Irene Devlin

Jim & Diane Laria

#### Ordination Anniversaries

Rev Roy Eco 45 yrs.

#### Years of Service Anniversaries

Richard J Schwartz 40  
Stephen J DiGiacomo 36  
Paul J Gonzales 32  
Joseph L Mitchell 31  
Martin C Ugwu 28  
Paul G Ryan 19  
Benjamin S Bustos 14  
Ralph C Reuter 7



## Healthy Aging

*Staying Healthy Section*

### Healthy Aging: Beyond 50

By Mayo Clinic Staff

Health and vitality are important at any age. After 50, though, you may think more about how to promote good health as you get older. Whether you're concerned about weight gain, sex drive or chronic diseases, a big part of healthy aging is maintaining a healthy lifestyle. Eating reasonable amounts of a variety of nutritious foods and getting physical activity every day can go a long way toward staying healthy as you age.

If an interest in healthy aging leads you to think about trying anti-aging therapies, be careful. Supplements or expensive treatments that claim to delay or reverse the aging process may not deliver on their promises. And diets that strictly limit the types of foods you eat could be harmful. Know what you're buying, and know how to spot suspicious schemes. Remember, there's no quick fix when it comes to healthy aging.

## Knights Investment Corner

### How do you plan the best route?

Spring is here, at least by the calendar, and it will soon be summer. Perhaps you're planning your summer vacation. Maybe you've not only planned it, but you've already booked your hotel, VRBO®, or Airbnb®. Maybe you've gone so far as to purchase plane tickets...or maybe your vacation spot will be within driving distance. You're already thinking of the clothes you'll have to pack and those new pieces that you'll have to buy. You've got a little extra cash saved to buy some special souvenirs. You are researching the area and finding the interesting historical sites to visit. Seeing where the fun spots are...checking out the local places to dine. How do you want to plan your week away? I'll admit it, I enjoy doing that research, especially when I'm driving. I like looking at maps and seeing what sights there are to see, the historical venues, the local restaurants. I like looking online (and maybe even getting some old-fashioned travel brochures) to check out my travel destination. If I'm driving, I like to pick a route. Not necessarily the fastest on my GPS though. The fastest route often bypasses the interesting sites. (Think historical Route 66 and all the interesting places along that road!) When I'm all done and I've got everything laid out, I have a certain sense of accomplishment. I know I'm going to have a good time because I've looked at many options and picked the ones that mean the most to me.

I think of working with you, my brother Knights, in much the same way. When I sit down with you and your spouse we start with a financial needs analysis. We "drop a pin" on your map to show where you are now. We enter a destination of where you want to go. What do you want to see for your family if the unforeseen happens? That might be a situation where one of our products, life insurance, long-term care insurance, disability income insurance, or a retirement annuity, may be needed. Think of that product as the vehicle that gets you or your family farther along to a better place on your financial road map. Much like a vacation, we'll make stops along the way, take a look "under the hood," and make sure the strategy is still "running on all cylinders." There are many options to discuss, even within the different lines of products available, to help you get to where you want to go. Do you have a strategy? May I have the privilege of helping you and your family develop one or fine tune the one you have? I'll be calling soon to set up a time to get together to discuss your financial road map.

Vivat Jesus

Larry Kennedy-FICF MDRT

407-579-9888/Financial Advisor

Knights of Columbus





## Activities from April

### '24-25 Election Slate

**Grand Knight – John Martin**  
**Deputy Grand Knight – Ralph Reuter**  
**Chancellor – Karl Grabowski**  
**Recorder –**  
**Treasurer –**  
**Advocate - Rosario Sulsenti**  
**Warden – John Proteau**  
**Inside Guard – Chris DiPasquale**  
**Outside Guard – Robert Sullivan**  
**3 Year Trustee – Elliot Ogden**

There are still openings for Treasurer and Recorder. The slate will be open for nominees at the May Council meeting. Any member can nominate a member in good standing for a position. That member may accept or decline the nomination. The election will be held at the June 6<sup>th</sup> Council meeting.



### Fraternal Benefits Night

On April 2<sup>nd</sup> the council hosted its second Fraternal Benefits Night. This time it was a “watch party” for a nationally Supreme sponsored webinar featuring financial expert Ed Slott. Ed specializes in the latest retirement strategies and opportunities for individuals. Ed, a television personality & best-selling author known for his unparalleled ability to turn advanced tax strategies into understandable, actionable and entertaining advice did not disappoint. He combined current research, in-depth expertise, and humor to teach viewers about the ins and outs of their retirements and distribution planning information. It was a very informative and entertaining evening.



### Charities Past, Present and Future

Below are the charities that we have supported in the past and are looking to support in the new fraternal year. Do you have a favorite?

- Blessed Sacrament Catholic Community
- Santo Toribio Romo
- Coats for Kids
- Cornerstone Hospice & Palliative Care
- Backpack Program
- Neighborhood Center of South Lake (Food Bank)
- Global Wheelchair Mission
- JMJ Pregnancy Center
- Kambaala Medical Mission Uganda (Father Ponce)
- Knights of Columbus Charities
- Lake Hills School
- Life’s Choice Women’s Clinic (Pregnancy Center)
- Seminarians and Religious
- Special Olympics
- Ultrasound Initiative
- Walk for Life/Laps for Life



Attendees await the start of the webinar.

## 24-25 Proposed Budget

### Tips for Council Budgeting

- Set up your budget on a fraternal year, rather than annual year basis. This will allow you to align it with officer terms and with completing the Semiannual Council Audit Report.
- Use two columns – one for budgeted and one for actual year-to-date spending – to allow you to track how well you’re adhering to your goals. As you spend and receive money throughout the year, log each transaction in a spreadsheet with its assigned category so that you can quickly calculate year-to-date figures.
- Try to keep the categories on your budget at a high level. If your council holds fish fries in both Advent and Lent, you probably just need one category for “Fish Frys” – there’s no need to have one category for each season, let alone one for each individual event. Use a “Miscellaneous” category to capture any small or one-off events.
- Align the categories used in your budget with those used in Member Billing. This will ensure you both record transactions consistently and help with completing the Semiannual Council Audit Report.
- Strive for a balanced budget. Remember, your council exists to serve your community and your members. If you’re running a surplus, think of ways you could use those excess funds to better meet your council’s goals, rather than simply building up a bigger bank account balance.
- In addition to creating a budget, consider using a Statement of Cash Flows to track your monthly income and spending and see how your council’s bank account balance changes over time. If you know about large future expenses (per capita, a major donation, etc.) you can even complete this in advance to forecast if you’ll have enough funds or if you need to think of a new fundraiser.
- Get into a regular rhythm with your budget. Your council officers should meet in the spring (March/April) to think about your goals for the year and draft a budget and then share it with the council for their approval in May. Throughout the year share the budget (with year-to-date figures) with the council at monthly meetings so everyone is aware of how the council is doing financially.

<https://www.kofc.org/en/resources/service/council/tips-for-council-budgeting>

### Council 13240 For Fraternal Year Ending June 30, 2025 Income

	2024 Budget
<b>Assessments</b>	
Dues	\$5,000
<b>Donations to Council</b>	\$500
<b>Activities</b>	
Golden Ticket	\$4,000
Pasta Dinner	\$750
50/50s	\$500
Christmas Dinner	\$500
Misc Activities	
<b>Total Income</b>	<b>\$11,250</b>

### Expenses

<b>Per Capita Assessments</b>	
State	\$1,600
Supreme	\$800
<b>Activities</b>	
Meeting Expenses	\$500
Fraternal Nights/Days	\$250
Activity Costs (Golden Ticket)	\$400
Community Support	\$1,500
Holiday Meals	\$1,050
<b>Church Activities</b>	
Church Support	\$1,500
Mass Intentions	\$200
Vocations	\$500
Kaambala Mission	\$250
<b>Pro-Life Activities</b>	
Pro-Life Donation	\$1,000
<b>Program Activities</b>	
Community	\$250
Faith	\$250
Family	\$250
Life	\$250
<b>Supplies</b>	
Printing and Postage	\$400
Supreme	\$300
<b>Total Expenses</b>	<b>\$11,250</b>

### Net Income

<b>Net Income</b>	<b>\$0</b>
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### Council Officers

**Grand Knight – John Martin**  
**Deputy Grand Knight – TBD**  
**Chancellor – TBD**  
**Recorder – Chris Duncan**  
**Financial Secretary – Dave Swathwood**  
**Treasurer – Edward Smith**  
**Advocate - Rosario Sulsentì**  
**Warden – John Proteau**  
**Inside Guard – Joe Pangia**  
**Outside Guard – Jose Rosario**  
**3 Year Trustee – Karl Grabowski**  
**2 Year Trustee – Paul Kleponis**  
**1 Year Trustee – Elliot Ogden**  
**Lecturer – Peter Stauder**



### Assembly Officers

**Faithful Navigator – Steve Cruz**  
**Faithful Captain – TBD**  
**Faithful Pilot – Edward Smith**  
**Faithful Comptroller – Joseph Landon**  
**Faithful Scribe – Dave Swathwood**  
**Faithful Purser – Elliott Ogden**  
**Faithful Admiral – Rosario Sulsentì**  
**Inner Sentinel – Glenn Koch**  
**Outer Sentinel – Joseph Pangia**  
**3 year Trustee – Joshua Fonollosa**  
**2 Year Trustee – John Proteau**  
**1 Year Trustee – James Loesch**  
**Color Corps Cmdr – Gerald Sulsentì**

### Grand Knight Notes

Brother Knights,  
In a world that seems so divided and fractured it is important for us to come together as a community, serving a common purpose. Our fraternal order represents the values of unity, fellowship, camaraderie, and support, and through these principles we make a real difference in our church and in our local community.

Fellowship is not just about coming together for social events or gatherings. It is about supporting one another in times of need working towards a shared vision for a better tomorrow. When we work together, pulling our resources, our talents and our ideas we achieve far more than if we go it alone.

Let us recommit ourselves to the values of fellowship, unity and service. Let us work together for the greater good supporting one another in our community efforts with compassion, kindness, and a shared sense of purpose. Our council can make a difference in our community.

Thank you for your contributions, your commitment and for your support.

Vivat Jesus!  
John Martin- GK

### Council Administration

#### Financial Secretary

Dues are coming up. Dues letters will be mailed out in June. Dues will be \$40 with no assessment this year for a seminarian. The financial secretary is Dave Swathwood. Email: daveswathwood@gmail.com

#### Administrative issues

Elections for the 2024-2025 fraternal year will be held at the June meeting. We are looking for nominees for all officer positions for the next fraternal year. Can you get involved?

### *Prayer Requests*

- + Crawford & Oko families
- + All Pregnant Mothers
- + Members of our Parish
- + Our Fraternal Leaders

### *In Memorium*

Michael Crawford  
Ted Oko

